

2011 Activities

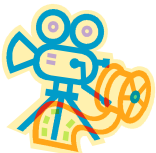
Cooking Class

Youth are taught about preparing meals, nutrition, and cooking on a budget.



Youth Movie Advocacy Day

Movie day at one of our local theatres for youth celebrating advocacy and disability awareness.



Webinar & Open House

Offered over the internet and in house for people who want to learn more about Independence Now's services.



Advocacy Training with Theatre

Local theatre group teaches youth methods on how to face everyday obstacles and speaking up for yourself by using acting.



**"You have the power.
Live the dream."**

- Justin Dart Jr.

Father of Americans with
Disabilities Act



Check out our website!

www.innow.org



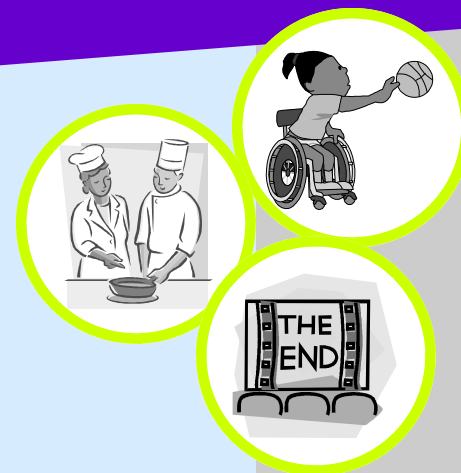
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Serving Prince George's
and Montgomery Counties

M.Y.V.O.I.C.E

Mentoring Youth to Voice their Own
Ideas, Challenges, and Emotions

Program for Youth with DisAbilities



A Project Of Independence
Now, Inc. and the Maryland
Youth Leadership Forum

Services IN Offers for Youth



- ◆ Self Advocacy Training
- ◆ Independent Living Services
- ◆ Travel Training
- ◆ Leadership Training
- ◆ Benefits InfoSource
- ◆ Peer Mentoring
- ◆ Assistive Technology Support
- ◆ Maryland Youth Leadership Forum
- ◆ Social Activities



As IN continues to grow, so does our youth program!

Join Our Email Blasts...

Find out about all the activities and services Independence Now is

kwilhelm@innow.org

2012 Week at the Maryland Youth Leadership Forum (YLF)

Students will experience...

- ∞ A week on a college campus
- ∞ Staying the dorms with a roommate
- ∞ Attending workshops based on leadership and self advocacy
- ∞ Dance and talent show
- ∞ Mentors Dessert
- ∞ Disability Awareness and the history of the Disability Movement
- ∞ Meeting new students from all over the state
- ∞ Transitioning preparation



Through the week, delegates will work in small groups to explore their interests and career plans. They will also learn about the history of disabilities and the steps they can take to make a difference in the community. Self advocacy is a main focus of the YLF and our staff of YLF alumni are dedicated to teach these skills helping encourage students to take on these challenges.

Open to all Maryland Youth!